

# Steps To Use The Provant® Therapy System



**1** When the Provant System is delivered to you, it will be in a white shipping box. Provant is a rental device that must be returned to Regenesi Biomedical when your physician ends the treatment. Carefully open the shipping box and save it. You will need it to return Provant.



**2** Remove the yellow Provant System, the silver pouches, and the information packet. The information packet includes a video disc on how to use Provant. Leave the return shipping label in the box. Remove Provant from the protective plastic bag. Discard the bag.



**3** Decide where you will do your treatments, such as in a chair, bed, or on a couch. Place the Provant System nearby in a sturdy location. Open the lid by lifting up the two latches.



**4** Plug the power cord into an electrical outlet (preferably an outlet that has nothing else plugged into it). Push the power switch on the right side of the control panel to turn on the device; the switch lights up.



**5** Open a silver pouch and remove one disposable cover. You must use a new cover for each treatment. Place the treatment pad into the cover. There is a starburst on the pad and on the cover; as you pull it on, match cover starburst to pad starburst.



**6** Make sure you can see the words "This side towards patient" showing through the clear window. The yellow cord should line up with the notch on the cover. You may use the optional closure at the top of the cover.



**7** Center the starburst side of the treatment pad directly against the area you are treating. Do not remove your bandages unless instructed by a clinician to do so. A pillow, rolled towel, or other method may be used to help keep the applicator in place.



**8** Press the Start/Stop button to begin treatment. The timer counts down from 30 minutes to zero. Green lights scroll from left to right. You need to stay in place with the applicator against the treatment site for the full 30 minutes without interruption. The treatment shuts off by itself after 30 minutes with one loud beep.



**9** When the treatment is over, remove and dispose of the cover. If another part of your body is to be treated, repeat steps 5-9. Once all of your treatments are done, turn off the power switch.



**10** Repeat the treatment as prescribed, usually twice a day, 8-12 hours apart, for 30 minutes.

**11** To return Provant to Regenesi, pack the treatment pad and power cord into the yellow case, then latch the lid. Place Provant into the white box. Place unopened silver pouches into the box. Tape the box, and attach the return label over the original shipping label. Call Regenesi at 877.970.4970 for more return instructions.

# Quick Start Guide



**Step 1:** The Provant® Therapy System may be given to you by your clinician, or shipped to your home. It comes in a white shipping box. Save the box and the return label.



**Step 2:** Open the lid. Plug in the power cord. Push the power switch on the right side of the control panel; the switch lights up.



**Step 3:** Place the treatment pad into a new pad cover (match cover starburst to pad starburst). Make sure you can see the words "This side towards patient" showing through the clear window.



**Step 4:** Center the starburst side of the pad directly against the area to treat. If necessary, prop it in place with a pillow or rolled towel.



**Step 5:** Press the Start/Stop button. The timer counts down from 30 minutes. The treatment shuts off by itself. Dispose of the cover, push the power switch on the right side to turn off.