

## **IMPROVEMENT IN ACTIVITY, SLEEP, MOOD, AND STRESS WITH PROVANT FOR LUMBAR PAIN**

### **A Patient's Experience**

#### **Patient Details:**

- 69-year-old male. History of lumbar pain with aching, sharp pains and a burning sensation.
- His body often shook, and he had involuntary “leg jumps” because of the intense pain.
- His daily activities, ability to sleep, mood and stress were all severely affected.

#### **Interventions and Outcome:**

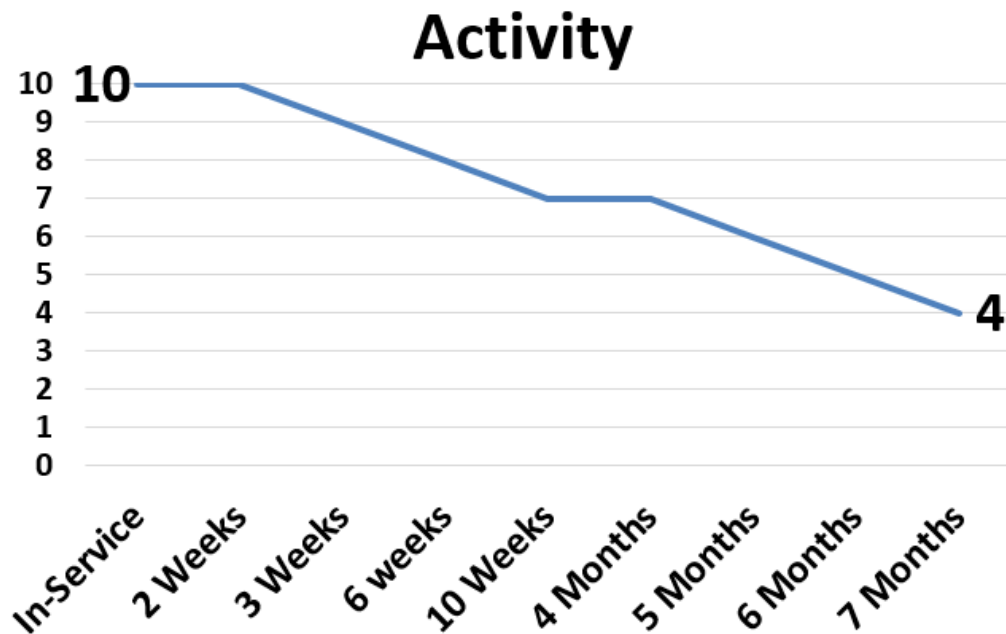
- Injections and fusion did not provide pain relief. He never took pain medications.
- It took him hours to fall asleep, even with a sleeping pill. He typically had two hours of actual sleep per night, even using weights on his legs to try to limit the “jumps”.
- He used a walker most of the time; he usually could only get around his house.
- ‘Frustrated, irritable, and depressed. Worried if he can get anything done.’

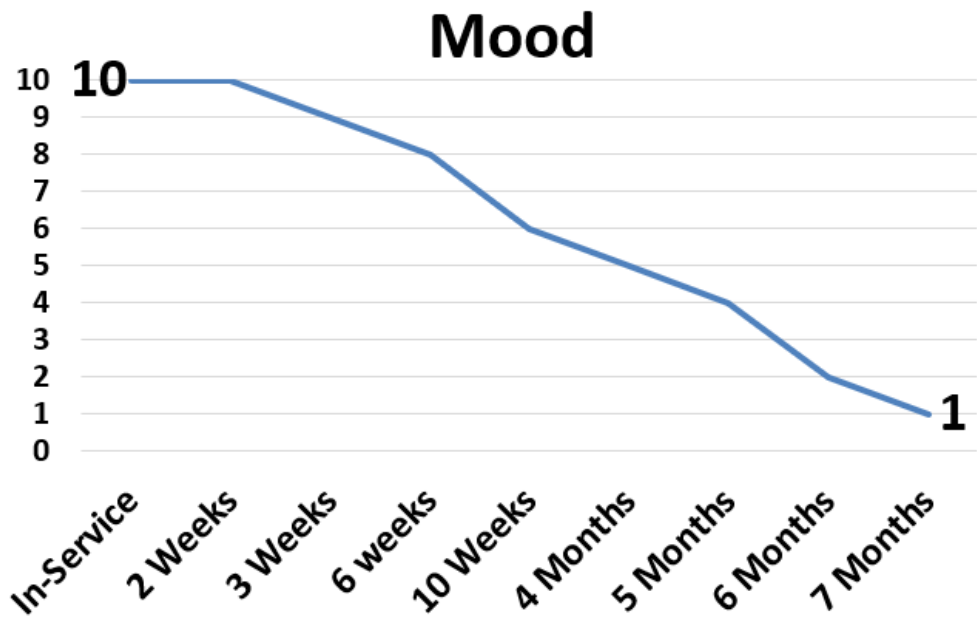
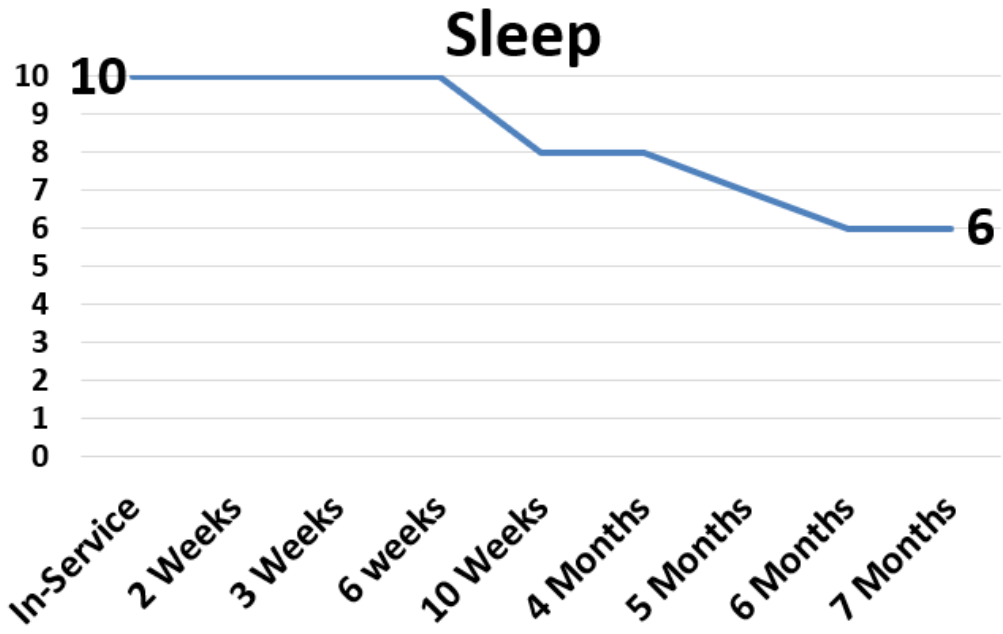
#### **Alternative Pain Relief Intervention:**

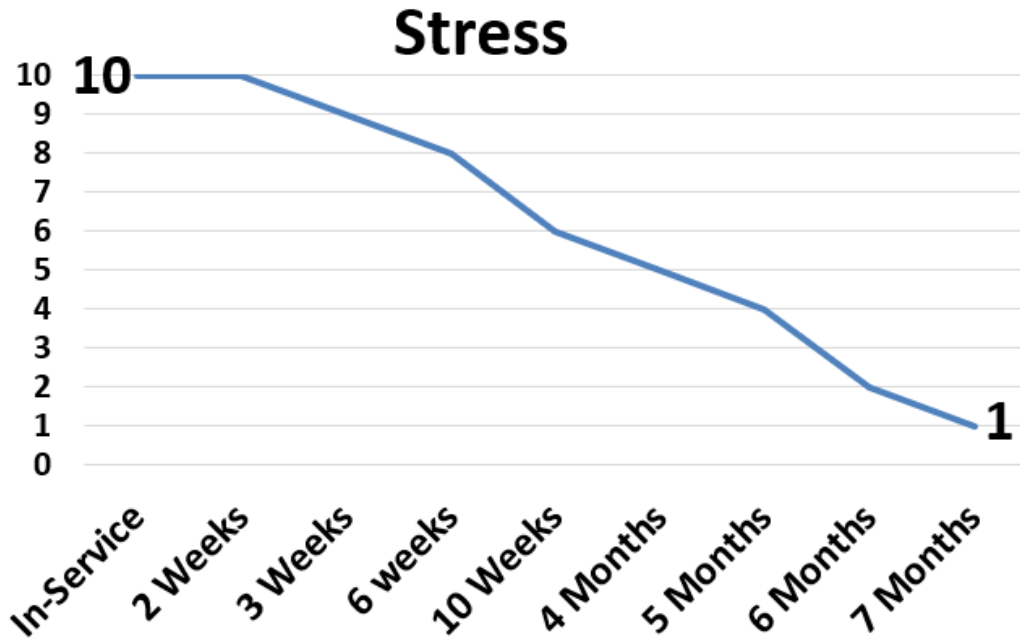
- He was prescribed Provant to provide pain relief and improve his quality of life.
- Outcomes were tracked using the Defense and Veterans Pain Rating Scale (DVPRS) and the Supplemental Questions on Activity, Sleep, Mood and Stress.

- At in-service, he rated his pain 9, and the four biopsychosocial all rated 10.
- After discharge from Provant, his pain was scored 4 and all four biopsychosocial scores were markedly improved. He now visits his grandkids more often. “Provant is a life saver.”

## Significant Reductions in the Biopsychosocial Impact of Pain







For post-operative pain relief, consider Provant®. Provant is proven in clinical trials and real-world patient experiences to provide meaningful pain relief and improved quality of life. To learn more, please contact your Regenesys Biomedical representative, call 877-970-4970, or visit [www.regenesysbio.com](http://www.regenesysbio.com).

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