

RETURN TO WORK SOONER AFTER TOTAL KNEE ARTHROPLASTY

Improved range of motion, pain relief, and quality of life

June 2016 Newsletter

CASE REPORT: A nurse educator returned to work full duty in 6 weeks with only a cane for ambulating long distances after a second Total Knee Arthroplasty (TKA). She had a 15 year history of osteoarthritis in both knees, and each were treated with arthroscopic surgeries. The left TKA was in 2012 with a post-op period of 8 weeks, with return to light duty and use of a scooter for long distances. The right TKA in December 2015 was an easier post-op recovery, with reduced edema, lower pain levels, and a quicker return of full range of motion; all which were attributed to Provant therapy. The patient treated with 6 weeks of Provant Therapy BID, beginning on Day 4 of the post-op period. By the end of the 2nd post-op week, pain meds were used only 3 times per week prior to physical therapy. The swelling along the suture line totally disappeared by 4 weeks, and bruising was minimal.

	Before Provant	After Provant
Pain Meds	In hospital PCA pump	No pain meds except with physical therapy
Pain Score 0-10	6-8/10	<ul style="list-style-type: none"> • 4-6/10 first 2 weeks • 0/10 after 2 weeks of Provant
Quality of Life	<ul style="list-style-type: none"> • Restricted by PCA pump • Nauseated • Felt sedated • Maximum dependence 	<ul style="list-style-type: none"> • Ambulatory with walker • No nausea • Fully awake • Independent within 2 weeks

This safe, non-drug pain management therapy has provided relief for over 12,000 patients. To learn more how Provant may help your patients, please contact your RegenesiS representative, or visit www.regenesiSbio.com.

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Sincerely,



Adrienne (Patti) Smith, MD
 Vice President, Clinical Business and Medical Affairs
patti.smith@regenesiSbio.com