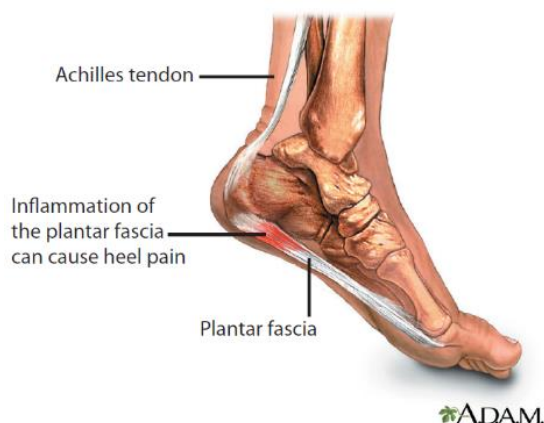


## CASE REPORT: RESOLUTION OF PAIN AFTER ENDOSCOPIC PLANTAR FASCIOTOMY

April 2015 Newsletter

Inflammation of the plantar fascia is a common cause of foot pain. Conservative treatment of plantar fasciitis pain may include medications such as ibuprofen or naproxen, and physical therapy, night splints, orthotics, or steroid injections. Many people recover with these treatments. Patients with unresolved pain may undergo a fasciotomy, which is a surgical procedure where the fascia is cut to relieve pain-causing tension. Presented here is a case of persistent pain after endoscopic fasciotomy. At the 3-week follow-up appointment the patient complained of moderate pain. At 3½ months post-op, tenderness and residual pain continued with intensity of 5/10. He used Hydrocodone 10mg as needed. Physical therapy (PT) treatments included soft tissue mobilization, exercises, and Provant Therapy. The patient received 9 Provant treatments during PT appointments and self-treated at home for 4 weeks. The patient reported no residual pain, rating 0/10. Hydrocodone was discontinued.



	Before Provant	After Provant
Pain Score 0-10	5/10	0/10
Quality of Life	<ul style="list-style-type: none"> <li>• Pain with weight bearing.</li> <li>• Difficulty walking.</li> </ul>	<ul style="list-style-type: none"> <li>• Able to ambulate without pain.</li> <li>• Normal gait.</li> </ul>
Pain Meds	10mg hydrocodone as needed	Hydrocodone discontinued

Did you know? ....Over 10,000 patients have now benefited from Provant Therapy. The complete body of clinical evidence for Provant may be found [here](#). To learn more how RegenesiS Biomedical may help your patients and you, please contact your local representative, or visit [www.regenesiSbio.com](http://www.regenesiSbio.com)

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